



Exam for Black Belts Japanese Fighting-System-Jiu-Jitsu



How to earn Black Belts 1st Dan till 5th Dan

- The aim of those exams is:
 - Bring-inn teacher degrees for the Fighting-System.
 - Make referees in higher rankings international
 - Bring-inn the original of Jiu-Jitsu, "self-defense against one or more attackers with and without weapon".
- The way of examining the own skill:
 - What not is in the exams are compulsory questions as (example) "do Ippon-Seoi-Nage as defense" because the system doesn't ask for particular technics but asks technics that are built on the body and posture of the fighter and his/her opponent.
 - The system asks for "how do you defend, with your body length, body weight and posture on different attacks". That is what Jiu-Jitsu should be. Always adjust yourself to the circumstances in a fight. The body of the defender (and opponents) are the most important circumstance te work with.
 - The fighter shall have more items for higher Dan-grades to show in a own designed exam-program. The Examiner-Sensei(s) will ask questions about the program, after seeing this program.

To be allowed for higher Dan-grades you are expected to follow courses and end them with a good result exam.

Courses and exams for those courses can be done in the "waiting time" after your last exam.

The courses will be given by the Japanese Fighting-System Federation.

The exams of those courses will be taken by three chosen examiner-Sensei's. Chosen by the Japanese Fighting-System Federation.



The requirements of Black belt. 1st Dan

- First do theoretical and practical exam regional referee B with good result. (can be done in the 2 years waiting time)

After waiting time (Including the necessary competition points) and getting the referee degree he/she can do the rest of the exam

- Requirements of the brown belt plus:
- Own designed work that contains:
 - An overall sight of techniques of the colored belts
 - Kicks, punches, blocks of part one
 - Combinations of part two in several directions, including:
 - Throwing techniques
 - Takedown techniques
 - Maki-komi techniques
 - Hikomi-waza techniques
 - Takeover throws/takedowns
 - Combinations and takeovers of locks/strangulations in part two
 - Osaе-waza combined with locks/strangulations in part three
 - Full-Ippon combinations
- The own work will be presented on paper to the examination commission at least 2 hours before the exam
- The form of the demonstration is a full responsibility for the person who is doing the exam.
- The chosen techniques are techniques that fit-in to the person that makes the exam and his partner(s)
 - Example: if you are 195cm tall and your partner 160cm, I would not take Ippon-Seoi-Nage as my favorite throw.
- It is not allowed to copy an exam of another person. It must be his / her own work.

The two partners are allowed to do the same exam on the same day.
- After the own work, to complete the view of the examiner-commission, the examiner-sensei can ask for
 - Additional techniques and combinations
 - Theoretical issues that has to do with Fighting-System in general
 - Theoretical issues that has to do with rules in Fighting-System in the view of a referee



The requirements of Black belt. 2nd Dan

- Participate course by the Japanese Fighting-System Federation for Teacher (C) (to youth) and end it with an exam with good result
- Theory and practice exam for referee National A
- After waiting time (Including the necessary competition points) he/she can do the rest of the exam

- Own skill : Making and show a own designed work introducing self-defense against one and more attackers (\pm 20 minutes)
 - It is not allowed to copy an exam of another person. It must be his / her own work.
 - After the own work, to complete the view of the examiner-commission, the examiner-Sensei(s) can ask for
 - Additional techniques and combinations
 - Theoretical issues that has to do with Fighting-System in general
 - Theoretical issues that has to do with rules in Fighting-System in the view of a referee



The requirements of Black belt. 3rd Dan

- Participate course by the Japanese Fighting-System Federation for National Coach and end it with a good result exam
- After waiting time he/she can do the rest of the exam
- Own skill: Making and show a own designed work, expanding 2nd Dan and introducing working with and against knife and stick. The fighter also show work with a own chosen weapon. (in total \pm 30 minutes)
 - It is not allowed to copy an exam of another person. It must be his / her own work.
 - After the own work, to complete the view of the examiner-commission, the examiner-Sensei(s) can ask for
 - Additional techniques and combinations
 - Theoretical issues that has to do with Fighting-System and Jujitsu in general



The requirements of Black belt. 4th Dan

- Participate course by the Japanese Fighting-System Federation for Teacher (B) (non-professional) and end it with a good result exam
- After waiting time he/she can do the rest of the exam
- Own skill: Making and show a own designed work, expanding 3rd Dan and show the own vision on the Fighting-System and on Jujitsu in general. (in total \pm 40 minutes)
 - It is not allowed to copy an exam of another person. It must be his / her own work.
 - After the own work, to complete the view of the examiner-commission, the examiner-Sensei(s) can ask for
 - Additional techniques and combinations
 - Theoretical issues that has to do with Fighting-System and Jujitsu in general



The requirements of Black belt. 5th Dan

- Participate course by the Japanese Fighting-System Federation for Teacher (A) (Professional) and end it with a good result exam
- After waiting time he/she can do the rest of the exam
- Own skill: Making and show a own designed work, expanding 4th Dan and show the own vision on the Fighting-System and on Jujitsu in general. (in total ± 50 minutes)
 - It is not allowed to copy an exam of another person. It must be his / her own work.
 - After the own work, to complete the view of the examiner-commission, the examiner-Sensei(s) can ask for
 - Additional techniques and combinations
 - Theoretical issues that has to do with Fighting-System and Jujitsu in general



The requirements of Black belt. 6th Dan till 10th Dan

- 6th till 10th Dan can be granted by the Japanese Fighting-System Federation and/or the Ju-Jitsu International Federation to those fighters that helps to the evolution of the Fighting-System in the world. That can include:
 - The fighter made Fighting-System in the top of the world for a long period and he/she is therefor an advertisement of the system.
 - He or she is an international referee in the Fighting-System for the JJIF for a long period and he/she is therefor an advertisement of the system.
 - He has been a leading figure in evolution of the Fighting-System in the National federation and/or the JJIF.

Author:



Peter Smid
7th Dan Ju-Jitsu
Worldreferee A – JJIF (1983/2022)
Observer/Coach/Instructor - JJIF
Senior Supervisor of the
All Japan Ju-Jitsu Federation